



Adult Intravenous Pyelogram (IVP / Nephrotomogram)

OSF Saint Francis Outpatient Facility Diagnostic Radiology

Welcome:

We would like to welcome you to an OSF Saint Francis Outpatient Facility Diagnostic Radiology Department.

You have been scheduled to have an Intravenous Pyelogram or a Nephrotomogram. This is a diagnostic test using a form of x-ray. This test is also called a Nephro or an I.V.P.

The information contained in this pamphlet will help you understand the test that has been scheduled.

When to come:

Please arrive at the facility 15 minutes before the time of your scheduled test or 30 minutes if lab work is also needed.

What to Bring with You:

You may have had x-rays done at a hospital other than an OSF Saint Francis facility. Please bring copies of the films with you the day of the test. You may also request that the doctor's office send the films or results to us at the hospital before your test.

Prep Age:

Adult.

Prep:

Your doctor has requested a test, which requires your large intestine (colon) to be as empty as possible. Therefore, be sure to

follow all instructions. Use the LO-SO E-Z-Em Bowel Prep Kit. Instructions are included with the kit.

Jewelry:

Please remove all jewelry from your belly before the test.

PREGANCY TESTING POLICY

It is the policy of OSF Saint Francis Medical Center to conduct pregnancy tests on female patients having a CT, MRI, Nuclear Medicine, PET, Angiography, or X-ray exams of the abdomen area. This policy is to avoid potential harm to an unborn baby as a result of the radiation or medications given during the exam.

A pregnancy test is required prior to the procedures listed above and should be ordered by your physician if you are a female:

- Between the ages of 12 and 50 and have not had a hysterectomy.
- Less than 12 years old and are having menstrual periods.
- Over age 50 and having menstrual periods.

The pregnancy test must be done within three days prior to your exam at any OSF Saint Francis facility. Home pregnancy tests are not acceptable.

If you have your pregnancy test done the day of the procedure:

- Arrive 30 minutes earlier if your are scheduled at any OSF Out Patient locations.
- Arrive 60 minutes earlier if you are scheduled at Saint Francis Medical Center main campus hospital.

If you know that you are pregnant please notify your physician.

Medications:

If you are taking glucophage, glucovance, avandamet, metaglip, and metformin you must stop taking these medications for 48

hours after the exam. You should have a creatine level drawn 48 hours after the test. Follow up with your ordering doctor is needed to start taking glucophage or glucoavance. You may take all other medication as prescribed.

Allergies: You may receive contrast as part of the test. Contrast is something given to let a part of the body be seen on X-ray. If you have any known allergies to iodine or X-ray contrast, please contact your ordering doctor. You may need to take special medications before having this test.

Test Instructions: You may be asked to wear a hospital gown during the test. A registered x-ray technologist will be doing your test under direct supervision of a Radiologist. Your test will take about 60 minutes. You will lie on the x-ray table for the entire test.

A registered nurse or registered technologist will look at your arms for a vein. The area will be cleaned and a venous catheter will be placed into your vein. Contrast material will be injected thru the catheter by a registered nurse or a registered technologist. Contrast allows your urinary tract, including the kidneys and bladder to be seen on x-ray.

After injection of the contrast material, you may feel a warm flush over your body, a metal taste in your mouth, or feel like you may have wet your pants. These feelings go away very quickly. If you have any sneezing, itching, or tightness of your throat or chest, these are signs you may be having an allergic reaction to the contrast. If any of these things happen, please let the technologist know as soon as possible. After your injection, x-rays will be taken at certain times by the technologist under the direct supervision of the Radiologist.

Test Results:

Your test will be read by a Radiologist (doctor specializing in medical imaging). The radiologist will give a report that will be typed and sent to your doctor.

You can make plans with your ordering doctor on how to receive the test results (such as follow-up doctor appointment, calling the doctor's office, etc.).

After Test Instructions:

You should drink extra fluids for 1 to 2 days after your test.