



## Adult Nasal Gastro-Intestinal Tube Placement

Diagnostic Radiology (Outpatient)

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### Welcome:

We would like to welcome you to OSF Saint Francis Medical Center Diagnostic Radiology Department.

You have been scheduled to have a Nasal Gastric Tube placed. This is a diagnostic test using fluoroscopy (a form of x-ray).

The information contained in this pamphlet will help you understand the test has been scheduled.

**\* Please do not schedule this test for at least 3 days after any other barium tests.**

### When to Come, Where to Park, and Where to Go:

Please arrive 45 minutes before the time of your scheduled test.

### What to Bring with You:

You may have had x-rays done at a hospital other than OSF Saint Francis Medical Center. Please bring copies of the films with you the day of the test. You may also request that the doctor's office send the films or results to us at the hospital before your test.

### Prep:

Nothing to eat or drink 4 hours before the test.

### Jewelry:

Please remove all jewelry from your head, mouth, neck, chest, and belly before your test.

## **PREGANCY TESTING POLICY**

It is the policy of OSF Saint Francis Medical Center to conduct pregnancy tests on female patients having a CT, MRI, Nuclear Medicine, PET, Angiography, or X-ray exams of the abdomen area. This policy is to avoid potential harm to an unborn baby as a result of the radiation or medications given during the exam.

A pregnancy test is required prior to the procedures listed above and should be ordered by your physician if you are a female:

- Between the ages of 12 and 50 and have not had a hysterectomy
- Less than 12 years old and are having menstrual periods
- Over age 50 and having menstrual periods

The pregnancy test must be done within three days prior to your exam at any OSF Saint Francis facility. Home pregnancy tests are not acceptable.

If you have your pregnancy test done the day of the procedure:

- Arrive 30 minutes earlier if your are scheduled at any OSF Out Patient locations
- Arrive 60 minutes earlier if you are scheduled at Saint Francis Medical Center main campus hospital.

If you know that you are pregnant please notify your physician.

### **Medications:**

You may take medications with 2 to 3 sips of water.

### **Allergies:**

You may receive contrast as part of the test. Contrast is something given to let a part of the body be seen on an X-ray. The contrast in this test is called barium. If you have any known allergies to

iodine or X-ray contrast, please contact your ordering doctor. You may need to take special medications before having this test.

### Test Instructions:

You may be asked to wear a hospital gown during the test. A registered x-ray technologist will help the Radiologist with your test. Your test will take about 30-60 minutes. You will lie on an x-ray table under an x-ray tower.

A radiologist will begin the test by placing gel on the end of the nasal gastric tube. The tube will be inserted into your nose. The tube will then be passed down the esophagus into the stomach. Depending on the ordering doctor's request, the tube may be put in your stomach or be passed through the stomach to the small bowel.

The tube may be injected with contrast to check that it is in the right place. Contrast allows the stomach and small bowel to be seen on x-ray film. The radiologist will take films at different times. After looking at the films, the radiologist may need more films to be taken by the x-ray technologist.

### Test Results:

Your test will be read by a Radiologist (doctor specializing in medical imaging). The radiologist will give a report which will be typed and sent to your doctor. You can make plans with your ordering doctor on how to receive your test results (such as follow-up doctor appointment, calling the doctor's office, etc.).

### After Test Instructions:

You are urged to drink extra fluids for 1 to 2 days after a barium test. Your stools may be light in color and chalky. This is from the barium. If your bowel movements are not normal within 24 hours, contact the doctor who ordered the test for more instructions.