



## Adult Hysterosalpingogram

Diagnostic Radiology (Outpatient)

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### Welcome:

We would like to welcome you to OSF Saint Francis Medical Center Diagnostic Radiology Department.

You have been scheduled to have a hysterosalpingogram. This is a diagnostic test using fluoroscopy (a form of x-ray). This test is also called a Hystero.

The information contained in this pamphlet will help you understand the test that has been scheduled.

### When to Come, Where to Park, and Where to Go:

Please arrive 45 minutes before the time of your scheduled test.

### What to Bring with You:

You may have had x-rays done at a hospital other than OSF Saint Francis Medical Center. Please bring copies of the films with you the day of the test. You may also request that the doctor's office send the films or results to us at the hospital before your test.

### Prep:

None.

### Jewelry:

Please remove all jewelry from your belly before your test.

### PREGANCY TESTING POLICY

It is the policy of OSF Saint Francis Medical Center to conduct pregnancy tests on female patients having a CT, MRI, Nuclear Medicine, PET, Angiography, or X-ray exams of the abdomen area. This policy is to avoid potential harm to an unborn baby as a result of the radiation or medications given during the exam.

A pregnancy test is required prior to the procedures listed above and should be ordered by your physician if you are a female:

- Between the ages of 12 and 50 and have not had a hysterectomy
- Less than 12 years old and are having menstrual periods
- Over age 50 and having menstrual periods

The pregnancy test must be done within three days prior to your exam at any OSF Saint Francis facility. Home pregnancy tests are not acceptable.

If you have your pregnancy test done the day of the procedure:

- Arrive 30 minutes earlier if your are scheduled at any OSF Out Patient locations
- Arrive 60 minutes earlier if you are scheduled at Saint Francis Medical Center main campus hospital

If you know that you are pregnant please notify your physician.

### **Medications:**

You may take medication as prescribed.

### **Allergies:**

You may receive contrast as part of the test. Contrast is something given to let a part of the body be seen on an X-ray. If you have any known allergies to iodine or X-ray contrast, please contact your ordering doctor. You may need to take special medications before having this test.

### Test Instructions:

The test will be explained to you by a registered x-ray technologist. You will be asked to sign a consent form before the test starts. You may be asked to wear a hospital gown during the procedure. Your test will take about 60 minutes. You will be asked to lie on an x-ray table under an x-ray tower.

A radiologist or your OB-Gyn will clean the area with betadine and put a speculum into the vagina. A catheter will be put into your uterus. A small balloon on the catheter will be blown up to hold it in place. Contrast will be put into the uterus thru the catheter. Contrast allows your reproductive system to be seen on x-ray.

As the contrast is put in, you may feel some cramping. If you have cramping, take slow deep breaths in and out of your mouth. Breathing slowly will help to relax your muscles and lessen the cramping. A radiologist looks at your reproductive system and takes films.

### Test Results:

Your test will be read by a Radiologist (doctor specializing in medical imaging). The radiologist will give a report that will be typed and sent to your doctor. You can make plans with your ordering doctor on how to get your test results (such as follow-up doctor appointment, calling the doctor's office, etc.).

### After Test Instructions:

You may experience some cramping and light bleeding.