



## Adult Fistulagram / Sinus tract injection

Diagnostic Radiology (Outpatient)

---

### Welcome:

We would like to welcome you to OSF Saint Francis Medical Center Diagnostic Radiology Department.

You have been scheduled to have a Sinus Tract Injection. This is a diagnostic procedure using fluoroscopy (a form of x-ray).

The information contained in this pamphlet will help you understand the test that has been scheduled.

**\* Please do not schedule this test for at least 3 days after any other barium tests.**

### When to Come, Where to Park, and Where to Go:

Please arrive 45 minutes before the time of your scheduled test.

### What to Bring with You:

You may have had x-rays done at a hospital other than OSF Saint Francis Medical Center. Please bring copies of the films with you the day of the test. You may also request that the Doctor's office send the films or results to us at the hospital before your test.

### Prep:

None.

### Jewelry:

Please remove all jewelry from your belly before the test.

## **PREGANCY TESTING POLICY**

It is the policy of OSF Saint Francis Medical Center to conduct pregnancy tests on female patients having a CT, MRI, Nuclear Medicine, PET, Angiography, or Xray exams of the abdomen area. This policy is to avoid potential harm to an unborn baby as a result of the radiation or medications given during the exam.

A pregnancy test is required prior to the procedures listed above and should be ordered by your physician if you are a female:

- Between the ages of 12 and 50 and have not had a hysterectomy
- Less than 12 years old and are having menstrual periods
- Over age 50 and having menstrual periods

The pregnancy test must be done within three days prior to your exam at any OSF Saint Francis facility. Home pregnancy tests are not acceptable.

If you have your pregnancy test done the day of the procedure:

- Arrive 30 minutes earlier if your are scheduled at any OSF Out Patient locations
- Arrive 60 minutes earlier if you are scheduled at Saint Francis Medical Center main campus hospital

If you know that you are pregnant please notify your physician.

### **Medications:**

You may take medications as prescribed.

### **Allergies:**

You may receive contrast as part of the test. Contrast is something given to let a part of the body be seen on X-ray. If you have any known allergies to iodine or X-ray contrast, please contact your ordering doctor. You may need to take special medications before having this test.

### Test Instructions:

You may be asked to wear a hospital gown during the test. A registered X-ray technologist will help the Radiologist with your test. Your test will take about 30-60 minutes. You will lie on an x-ray table under an x-ray tower.

A radiologist will begin the test by cleaning the area. The radiologist will place a small catheter and inject contrast. Contrast allows the area to be seen on x-ray.

The radiologist will take films as the contrast enters the area. After looking at the films, the radiologist may need additional films to be taken by the x-ray technologist. After the films have been looked at by the radiologist, the small catheter will be removed.

### Test Results:

Your test will be interpreted by a Radiologist (doctor specializing in medical imaging). The radiologist will give a report that states the test results. The report will be typed and sent to the appropriate physician(s). You can make arrangements with your ordering doctor on how to receive your test results (such as follow-up doctor appointment, calling the doctor's physician office, etc.).

### After Test Instructions:

None.