



Adult Esophagus, Upper GI, Upper GI and Esophagus

Diagnostic Radiology (Outpatient)

Welcome:

We would like to welcome you to OSF Saint Francis Medical Center Diagnostic Radiology Department.

You have been scheduled to have an Esophagus or UGI or an Esophagus and UGI. These are diagnostic tests using fluoroscopy (a form of x-ray). An Esophagus test is also called a swallowing test.

The information contained in this pamphlet will help you understand the test that has been scheduled for you.

*** Please do not schedule this test for at least 3 days after any other barium tests.**

When to Come, Where to Park, and Where to Go:

Please arrive 45 minutes before the time of your test.

What to Bring with You:

You may have had x-rays done at a hospital other than OSF Saint Francis Medical Center. Please bring copies of the films with you the day of the test. You may also request that the doctor's office send the films or results to us at the hospital before your test.

Prep:

Nothing to eat or drink after 10 pm the day before your test.

Jewelry:

Please remove all jewelry from your head, mouth, neck, chest, and belly before the test.

PREGANCY TESTING POLICY

It is the policy of OSF Saint Francis Medical Center to conduct pregnancy tests on female patients having a CT, MRI, Nuclear Medicine, PET, Angiography, or X-ray exams of the abdomen area. This policy is to avoid potential harm to an unborn baby as a result of the radiation or medications given during the exam.

A pregnancy test is required prior to the procedures listed above and should be ordered by your physician if you are a female:

- Between the ages of 12 and 50 and have not had a hysterectomy
- Less than 12 years old and are having menstrual periods
- Over age 50 and having menstrual periods

The pregnancy test must be done within three days prior to your exam at any OSF Saint Francis facility. Home pregnancy tests are not acceptable.

If you have your pregnancy test done the day of the procedure:

- Arrive 30 minutes earlier if you are scheduled at any OSF Out Patient locations.
- Arrive 60 minutes earlier if you are scheduled at Saint Francis Medical Center main campus hospital

If you know that you are pregnant please notify your physician.

Medications:

You may take medications with 2 to 3 sips of water.

Allergies:

You may receive contrast as part of the test. Contrast is something given to let a part of the body be seen on an X-ray. The contrast in this test is called barium. If you have any known allergies to iodine or X-ray contrast, please contact your ordering doctor. You may need to take special medications before having this test.

Test Instructions:

You may be asked to wear a hospital gown during the test. Your test will take about 30-60 minutes. A registered X-ray technologist will help the Radiologist with your test. You will lie on an x-ray table under an x-ray tower. A radiologist will begin the test by asking you to drink effervescent (fizzy) granules that will put air in your stomach. Then the radiologist will have you drink liquid barium. Barium allows your stomach and esophagus to be seen on X-ray.

The radiologist will take films as the barium goes through the stomach. After the test has been reviewed by the Radiologist, you may be asked to drink more barium. X-rays will be taken as the barium goes through the small bowel. This may take up to 2 to 3 hours.

Test Results:

Your test will be read by a Radiologist (doctor specializing in medical imaging). The radiologist will give a report that will be typed and sent to your doctor. You can make plans your ordering doctor on how to receive your test results (such as follow-up doctor appointment, calling the doctor's office, etc.).

After Test Instructions:

You are urged to drink extra fluids for 1 to 2 days after a barium test. Your stools may be light in color and chalky. This is from the barium. If your bowel movements are not normal within 24 hours, contact the doctor who ordered the test for more instructions.