



Adult CT Abdomen and/or Pelvis

CT Department (Outpatient)

Welcome:

We would like to welcome you to the OSF Saint Francis Medical Center Computed Tomography (CT) Department.

You have been scheduled to have a CT Scan. This is a diagnostic test using x-ray and a computer.

The scanner looks like a big square with a hole in the middle. The scanner does not touch you. You will lie on a table and move through the middle of the hole/scanner. It is large enough to accommodate 450 pounds.

Please arrive 45 minutes before the time of your test. If you have lab work, please arrive 90 minutes early.

What to Bring with You:

You may have had x-rays done at a hospital other than OSF Saint Francis Medical Center. Please bring a copy of the films with you the day of the test. You may also request that the doctor's office send the films with you the day of the test.

Prep:

Follow any instructions given by the doctor's office. Depending on the type of test, you may need to follow specific eating instruction. You may need to drink CT prep for this procedure. It will depend on what your doctor is looking for on your test.

Jewelry:

Please remove all jewelry prior to your test.

PREGANCY TESTING POLICY

It is the policy of OSF Saint Francis Medical Center to conduct pregnancy tests on female patients having a CT, MRI, Nuclear Medicine, PET, Angiography, or X-ray exams of the abdomen area. This policy is to avoid potential harm to an unborn baby as a result of the radiation or medications given during the exam.

A pregnancy test is required prior to the procedures listed above and should be ordered by your physician if you are a female:

- Between the ages of 12 and 50 and have not had a hysterectomy
- Less than 12 years old and are having menstrual periods
- Over age 50 and having menstrual periods

The pregnancy test must be done within three days prior to your exam at any OSF Saint Francis facility. Home pregnancy tests are not acceptable.

If you have your pregnancy test done the day of the procedure:

- Arrive 30 minutes earlier if you are scheduled at any OSF Out Patient locations.
- Arrive 60 minutes earlier if you are scheduled at Saint Francis Medical Center main campus hospital

If you know that you are pregnant please notify your physician.

Medications:

You may take medications with water.

Allergies:

You may receive IV contrast as part of this test. If you have any known allergy to iodine or x-ray dye, please contact you're ordering doctor. A pre-medication MAY be needed.

Procedure Instruction:

You may be asked to wear a hospital gown for your test. Your test will take approximately 15-45 minutes.

The CT technologist will position you on the CT table. You may be lying on your back or tummy depending on the area of the body your doctor has ordered. The table will move slowly through the middle of the scanner.

If you need to have the IV contrast for your test, it will be given by the CT Technologist through an IV in your arm.

Test Results:

Your test will be read by a Radiologist. The Radiologist will give a report that will be typed and sent to your doctor.

You may make plans with your ordering doctor on how to receive your test results (such as follow-up doctor appointment, calling the doctor's office, etc.).

After Test Instructions:

You may go on as normal for the rest of the day. Please drink plenty of fluids if you were required to drink CT Prep and/or have IV contrast.

Procedure Instruction:

You may be asked to wear a hospital gown for your test. Your test will take approximately 15-45 minutes.

The CT technologist will position you on the CT table. You may be lying on your back or tummy depending on the area of the body

your doctor has ordered. The table will move slowly through the middle of the scanner.

If you need to have the IV contrast for your test, it will be given by the CT Technologist through an IV in your arm.

Test Results:

Your test will be read by a Radiologist or Neuro Radiologist (doctor specializing in the brain, facial bones and neck). The Radiologist will give a report that will be typed and sent to your doctor.

You may make plans with your ordering doctor on how to receive your test results (such as follow-up doctor appointment, calling the doctor's office, etc.).

After Test Instructions:

You may go on as normal for the rest of the day.